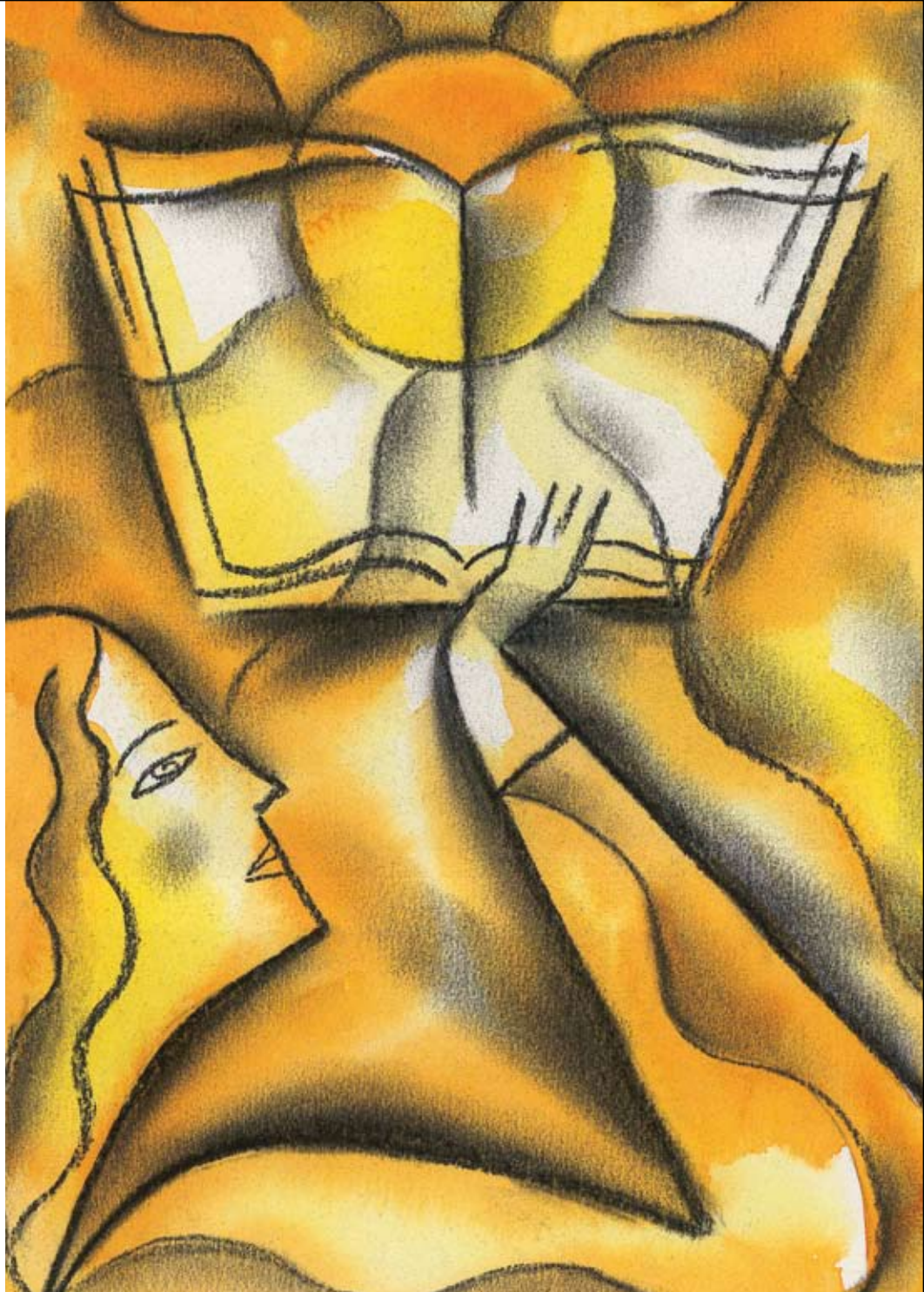


Headache Update 2008

July 15–19,
2008



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COURSE DIRECTOR:

Seymour Diamond, M.D.

PRESENTED AND

JOINTLY SPONSORED BY:

Diamond Headache Clinic
Research and
Educational Foundation

Diamond Inpatient Headache
Unit at Saint Joseph Hospital

Rosalind Franklin University
of Medicine and Science

*Approved 22.5 AMA PRA Category
1 Credits™*



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Director, Diamond Inpatient Headache Unit
Saint Joseph Hospital
Chicago, Illinois

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Clinical Professor, Department of Family Medicine;
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Affiliate Instructor
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Faculty

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Swedish Pain Center
Seattle, Washington

James W. Banks, III, M.D.

Ryan Headache Center
St. Louis, Missouri

Jan Lewis Brandes, M.D.

Nashville Neuroscience Group
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Roger K. Cady, M.D.

Headache Care Center
Springfield, Missouri

Robert B. Daroff, M.D.

University Hospitals,
Case Medical Center
Cleveland, Ohio

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Bronx, New York

Jack Gladstein, M.D.

University of Maryland School
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Baltimore, Maryland

Mark W. Green, M.D.

Columbia Headache Center
New York, New York

Robert G. Kaniecki, M.D.

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Medical Center
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Donald W. Lewis, M.D.

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Norfolk, Virginia

Lisa K. Mannix, M.D.

Headache Associates
Cincinnati, Ohio

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Ryan Headache Center
St. Louis, Missouri

Philip Wakefield, M.D.

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Florence, Alabama

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Diamond Inpatient Headache Unit
Saint Joseph Hospital
Chicago, Illinois

Disclosure

Full faculty disclosure will be in the course syllabus. Please know that all possible conflicts of interest will be resolved prior to the conference.

Needs Assessment

In the United States, 1.4 percent of all visits to office-based physicians is due to headache, which represents approximately 12 million physician visits in one year. According to recent studies, 8.7 million females and 2.6 million males in the U.S. alone, experience migraine. Existing and ongoing research activity in the field of headache has produced clinical data of which primary care providers should be cognizant in order to provide optimal care to headache sufferers. These data have significant implications for diagnosis and treatment, and may challenge current assumptions about the role of health care professionals in the management of primary headache disorders. Practitioners should be knowledgeable about new findings concerning pharmacological agents used for the treatment of headache, including new formulations of existing medications and those recently available for headache management.

Learning Objectives

- Review the diagnosis and treatment of headache — including migraine, tension-type, cluster, and organic headaches
- Focus special attention on the recidivist patient
- Feature important issues in the management of the pediatric and adolescent headache patient
- Outline advanced treatment modalities, including new approaches to headache and chronic pain management
- Study important aspects of pathophysiology of headache, including peripheral and central sensitization during migraine
- Distinguish gender-based issues in headache

At the completion of the course the clinician should be able to:

- Diagnose major categories of headache
- Develop individualized treatment strategies, including:
 - Abortive therapy
 - Pain management
 - Prophylactic therapy
 - Treatment in the emergency department and a specialized inpatient unit
 - Co-pharmaceutical approaches for the recidivist patient
 - Management of headache in women and children
 - Alternative therapy
 - Psychodynamic issues of treatment in headache and chronic pain

Target Audience

This course is intended for all primary care providers and those specialists, including anesthesia, pain and addiction, internal medicine, OB-GYN, pediatrics, emergency medicine, ENT, neurology, hospitalists, and psychiatry, as well as pharmacists and other health care professionals (R.N., N.P., P.A.) who are involved in the diagnosis and management of headache patients.

Continuing Medical Education

ACCREDITATION STATEMENT

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of Rosalind Franklin University of Medicine and Science and Diamond Headache Clinic Research and Educational Foundation.

DESIGNATION STATEMENT Rosalind Franklin University of Medicine and Science is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. Rosalind Franklin University of Medicine and Science designates this educational activity for a maximum of 22.5 AMA PRA Category 1 credits™. Physicians should only claim credit commensurate with the extent of their participation in this activity.

Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

Application has been made to the American College of Emergency Physicians for ACEP Category I Credit.

Attendees may request Category 1-B AOA CME credit from the American Osteopathic Association.

Members of the College of Family Physicians of Canada are eligible to receive study hours for attendance at this meeting due to reciprocal agreement with the American Academy of Family Physicians.

ACPE Pharmacists must complete a separate, pharmacist-specific evaluation form. Chicago College of Pharmacy, Midwestern University is approved by the Accreditation Council for Pharmacy Education as a provider of pharmaceutical education and complies with the criteria for quality for continuing pharmaceutical education programming. The program provides 22.5 contact hours (22.5 CEUs) of pharmacy continuing education. Participants must attend the entire program for credit. A statement of completion will be mailed to all participants within 4 weeks of the program. This program's universal ACPE number is 074-999-08-030-L04.



Register Early!

Enrollment limited to 350 registrants. For the past 16 years, our attendance has exceeded our capacity.

Schedule

Monday, July 14

3:00PM TO 6:00PM
Registration

Tuesday, July 15

7:00AM
Registration

7:20AM
Continental Breakfast/Viewing of Posters and Commercial Exhibits

7:50AM
Merle L. Diamond, M.D.
Welcome

8:00AM
Seymour Diamond, M.D.
Historical Perspectives of Headache

8:45AM
Roger K. Cady, M.D.
Migraine Headache — Its Diagnosis and Treatment

9:30AM
Nabih M. Ramadan, M.D.
Pathophysiology of Migraine

10:00AM
Robert B. Daroff, M.D.
Complicated Migraine and Migraine Variants

10:30AM
Refreshment Break/Viewing of Posters and Commercial Exhibits

10:45AM
Lisa K. Mannix, M.D.
The Triptans

11:15AM
K. Michael Welch, M.D.
Cardiovascular Safety Issues in Migraine With and Without Aura, Triptans, and PFOs

11:45AM
Sheena K. Aurora, M.D.
Migraine Preventive Therapy

12:15PM
Robert B. Daroff, M.D.
The Eye and Headache

12:45PM
Discussion

1:15PM
Adjournment/Viewing of Posters and Commercial Exhibits

Wednesday, July 16

7:30AM
Continental Breakfast/Viewing of Posters and Commercial Exhibits

Acute Care of Headache
Moderator: Frederick G. Freitag, D.O.

8:00AM
Benjamin Friedman, M.D.
Organic Headache Presenting in the Emergency Department

8:30AM
Merle L. Diamond, M.D.
Emergency Department Treatment of the Headache Patient

9:00AM
Dawn A. Marcus, M.D.
Post-Traumatic Headache

9:30AM
Robert B. Shulman, M.D.
Headache Patient with an Axis-2 Disorder in Acute and Chronic Care

10:00AM
Refreshment Break/Viewing of Posters and Commercial Exhibits

Gender-Based Issues in Headache
Moderator: Merle L. Diamond, M.D.

10:15AM
Lisa K. Mannix, M.D.
Menstrual Migraine

10:45AM
Philip Wakefield, M.D.
Treatment of Headache in the OB-GYN Office

11:15AM
Vincent Martin, M.D.
Hormonal Models and Combination Hormonal Contraceptives

11:45AM
Merle L. Diamond, M.D.
Puberty and Pregnancy

12:15PM
Jan Lewis Brandes, M.D.
Perimenopausal Issues in Headache

12:45PM
Discussion

1:15PM
Adjournment/Viewing of Posters and Commercial Exhibits

Thursday, July 17

7:30AM
Continental Breakfast/Viewing of Posters and Commercial Exhibits

8:00AM
Frederick G. Freitag, D.O.
Cluster Headache and Cranial Neuralgias

8:30AM
Robert G. Kaniecki, M.D.
Tension-Type Headache — Its Diagnosis and Treatment

9:00AM
Jan Lewis Brandes, M.D.
Dizziness and Headache

9:30AM
Timothy R. Smith, M.D., R.Ph.
Sleep Disorders and Headache

10:00AM
Refreshment Break/Viewing of Posters and Commercial Exhibits

Pediatric Issues in Headache
Moderator: A. David Rothner, M.D.

10:15AM
A. David Rothner, M.D.
Headaches in Children — Classification and Epidemiology

10:55AM
Jack Gladstein, M.D.
Pediatric Migraine

11:35AM
Donald W. Lewis, M.D.
Migraine Variants and Chronic Daily Headache in Children & Adolescents

12:15PM
Discussion

12:45PM
Adjournment/Viewing of Posters and Commercial Exhibits

Friday, July 18

7:30AM
Continental Breakfast/Viewing of Posters and Commercial Exhibits

8:00AM
Sheena K. Aurora, M.D.
Chronic Daily Headaches

8:30AM
Curtis P. Schreiber, M.D.
Cervicogenic Headache

9:00AM
Dawn A. Marcus, M.D.
Fibromyalgia and Headache

9:30AM
Edmund J. Messina, M.D.
Exertional Headaches

10:00AM
Refreshment Break/Viewing of Posters and Commercial Exhibits

10:15AM
Roger K. Cady, M.D.
Medical Disorders and Headache

10:45AM
Richard Wenzel, Pharm.D.
Sustained Opioid Treatment in Pain and Its Rational Use

11:15AM
Timothy R. Smith, M.D., R.Ph.
Early Intervention and Other Strategies in the Acute Treatment of Migraine

11:45AM
Mark W. Green, M.D.
Case Studies of the Difficult-to-Manage Headache Patients

12:15PM
Discussion

12:45PM
Adjournment

Saturday, July 19

7:30AM
Continental Breakfast

8:00AM
Curtis P. Schreiber, M.D.
Over-the-Counter Medications, Rebound Headaches, and Drug Interactions

8:30AM
James W. Banks, III, M.D.
Managing the Comorbid Medical Disorders of Migraine

9:00AM
Frederick G. Freitag, D.O.
Inpatient Care of the Headache Patient

9:30AM
Refreshment Break

9:45AM
Robert B. Shulman, M.D.
Psychiatric Approach to Headache

10:15AM
Alexander Mauskop, M.D.
Alternative Therapies in Headache

10:45AM
Richard Wenzel, Pharm.D.
Pharmacy Issues in Headache

11:15AM
Case Studies
Your Difficult Headache Patient Panel will discuss difficult cases submitted by the attendees

11:45AM
Adjournment

Educational and informational exhibits of pharmaceutical and publishing companies will be available for viewing during the conference, and representatives will be on hand to answer questions. Please visit the exhibits and the poster sessions, as they are an integral facet of this course.

AMERICAN AIRLINES has been designated the official carrier for this course, offering 5% off the applicable fare for American Airlines, American Eagle, AmericanConnection service, and all one world Alliance Partners. To obtain the lower fare, call American Airlines Meeting Services Desk at 1-800-433-1790, and ask for authorization number **A6778AA**. The discounted fare can be booked online at www.aa.com for American Airlines and American Eagle Flights only. Once reservation is made through American Meeting Services, you may purchase your ticket from American or any travel agency of your choice. AAdvantage members may accrue mileage on American Airlines.

Registrants can also receive a minimum 5% discount for their car rentals at Avis Rent A Car. The Avis Worldwide Discount (AWD) number for this meeting is **D087877**. In order to use this number, please call Avis directly at 1-888-754-8878 to receive the best possible car rental rates available.



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Hotel Reservation Form

YES, I PLAN TO ATTEND THE SYMPOSIUM:

Headache Update 2008

July 15 - 19, 2008
at Disney's Grand Floridian Resort & Spa
Reservation Phone: 407.824.1383
Reservation Fax: 407.824.3019

For advanced hotel reservations, visit
<http://www.disneyurl.com/diamondheadache>

The deadline for the discounted room rate is June 13, 2008. Please make your room reservations prior to that date.

NAME (Last) (First) (M.I.)

ADDRESS

CITY STATE ZIP

()

TELEPHONE

ARRIVAL DATE (check-in time is 3pm)

NUMBER OF NIGHTS NUMBER IN PARTY

Rates based on single or double occupancy. Most rooms contain two queen-sized beds. Maximum occupancy five persons per room. Children 17 years or younger may share room with adults at no additional charge. Additional adults \$25 per person. Rates include daily unlimited use of the **Walt Disney World Resort Transportation System** for each person.

RESERVATION DEPOSIT:

I understand that one night's room deposit and tax will be automatically billed to my credit card. Deposit will be refunded if cancelled more than 72 hours prior to arrival.

	RATE	# OF ROOMS
Single	\$235.00	_____
Double	\$235.00	_____

- Enclosed check for deposit
 Deposit to be billed to my credit card:
 Visa MasterCard
 American Express Discover

CREDIT CARD #

EXPIRATION DATE

SIGNATURE

NAME AS IT APPEARS ON CARD (please print)

ADDRESS (for credit card billing)

CITY STATE ZIP

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TELEPHONE

Course Registration Form

YES, I PLAN TO ATTEND THE SYMPOSIUM:

Headache Update 2008

July 15 - 19, 2008

Please print or type information:

NAME (Last) (First) (M.I.)

DEGREE SPECIALTY

ADDRESS

CITY STATE ZIP

()

PHONE NUMBER EMAIL ADDRESS

*\$25.00 processing charge for cancellations. All requests for cancellations must be sent by letter to: Diamond Headache Clinic Research and Educational Foundation, 2506 North Clark Street, Suite 333, Chicago, IL 60614. *Phone:* 877.706.6363 (toll-free) or 773.883.2062 *Fax:* 773.883-2073 or info@dhc-fdn.org. No refunds will be issued after 7/11/08.

Deadline for Registration: July 11, 2008

Please complete and return to:
Diamond Headache Clinic Research & Educational Foundation, Attention: Seymour Diamond, M.D.
2506 North Clark Street, Suite 333, Chicago, IL 60614

For additional information call:
877.706.6363 (toll-free) or 773.883.2062
e-mail: info@dhc-fdn.org • www.dhc-fdn.org

How did you hear about the program:

- Brochure Attended previous course
 Web Other:

Registration fee includes course syllabus, continental breakfasts, refreshment breaks, and other sponsored events.

- _____ \$500 for physician, dentist, psychologist
 _____ \$300 for RN or other allied health professional
 _____ \$155 for interns, residents, and fellows
 (with letter from local program director)

- Check enclosed
 Please bill my credit card:
 Visa MasterCard
 American Express Discover

CREDIT CARD #

EXPIRATION DATE

SIGNATURE

NAME AS IT APPEARS ON CARD (please print)

ADDRESS (for credit card billing)

CITY STATE ZIP

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TELEPHONE

Hotel Reservation Form

PLEASE MAIL THIS REGISTRATION FORM WITH YOUR CHECK OR CREDIT CARD INFORMATION TO:

Disney's Grand Floridian Resort & Spa
Attention: Reservations
4401 Floridian Way
Lake Buena Vista, FL 32830

Reservation Phone: 407.824.1383
Reservation Fax: 407.824.3019

For advanced hotel reservations, visit <http://www.disneyurl.com/diamondheadache>
The deadline for discounted room rate is June 13, 2008.

For advance purchase of specially priced Disney Meeting/Convention Theme Park tickets, visit <http://www.disneyconventionear.com/DHM>

Headache Update 2008

Course Registration Form

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& Educational Foundation
Attention: Seymour Diamond, M.D.
2506 North Clark Street, Suite 333
Chicago, IL 60614

For additional information call:
877.706.6363 (toll-free) or 773.883.2062
e-mail: info@dhc-fdn.org • www.dhc-fdn.org

Deadline for registration is July 11, 2008.

Accommodations & Travel

Disney's Grand Floridian Resort & Spa is the crown jewel of Walt Disney World® Resort. This Victorian-inspired waterside Resort is reminiscent of Florida's golden era, with its white picket verandas, gabled patios and marvelous views — all infused with well-mannered elegance. The guest rooms provide a spacious bathroom and spectacular sleeping and vanity areas, filled with Victorian charm, modern comforts and the serenity of the sea. Your Resort stay will be enhanced with a variety of recreational offerings including pools, arcades, playgrounds, watercraft rentals and a first-class Florida spa experience.

Services and amenities include:

- Standard room accommodations up to five people
- Complimentary transportation to all Walt Disney World Resort attractions via Monorail, water launch and bus
- Fashionable boutiques
- A variety of dining choices are available which can turn any meal — from world-class dining to fun family adventures — into a cherished memory.
- Splash, sun and slide under waterfalls in the zero-depth entry feature Beach Pool. Take a quiet swim in the courtyard pool, relax in the spa, and watch the little ones play in the kiddie pool. Soak up the sun on a white-sand beach.
- Grand Floridian Spa & Health Club provides the perfect balance of relaxation and wellness.
- Five golf courses nearby
- Watercraft Rentals are available at the marina. Spend some time on the lake with a Pontoon Boat, Canopy Boat or Sea Ray[®] by Sea Ray[®], or charter the Grand 1, the Grand Floridian's Sea Ray Yacht. (Extra fee)
- Child-care facilities
- Barber and beauty shop
- Wireless (Wi-Fi) Internet Access (additional fee)

Come to an acclaimed course in a unique hotel.

For advance purchase of specially priced Disney Meeting/Convention Theme Park tickets, visit:

<http://www.disneyconventionear.com/DHM>

Saint Joseph Hospital



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ON HEADACHE FOR PHYSICIANS AND
ALLIED HEALTH CARE PROFESSIONALS:**

Headache Update 2008

July 15-19, 2008



Disney's Grand Floridian Resort and Spa
Lake Buena Vista, Florida

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Diamond Headache Clinic Research and Educational Foundation
Diamond Inpatient Headache Unit at Saint Joseph Hospital
Rosalind Franklin University of Medicine and Science

Save the Dates! *February 9-13, 2009*

*The 22nd Annual Practicing Physician's
Approach to the Difficult Headache Patient*

The Camelback Inn | Scottsdale, Arizona

